

Allergy Issues

There have been notices in the bulletin, of late, regarding allergies, and requesting that peanuts not be put into food for the church. I have received a letter from a parishioner, which suggests that rather than prohibiting some foods, we could bring a recipe or a list of ingredients for whatever we bring.

We should also be cautious about "cross contamination". That is, using the same knife and board for cutting different types of sandwiches or moving one serving spoons from one dish to another.

There are allergies in this parish ranging from peanuts and fish to mushrooms and celery. Let's be aware that people have many different kinds of allergies and yes, some of them can be life threatening.

Let's all remember:

- One Pot One Spoon
- One Knife, One Board---One Food
- A recipe or list of ingredients for each culinary masterpiece would be helpful.